

Volume 9, Issue 3 March 1, 2017

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OYSTER RIDGE OUTLOOK



20 Adaville Dr. Diamondville (307) 877-6958 KemmererOutreach.com

How to Register

Come in and fill out a registration form
Or go online to

www.westernwyoming.edu ♦ Or call the outreach office at 877-6958

Monday - Friday from 8 am to 5 pm

Tech Lab Hours

The Tech Lab at the high school is available for Kemmerer High School students and WWCC students Monday through Thursday from 3:30 pm to 8:00 pm. The Computer Lab at the BOCES is available for WWCC Students and is open from 8:00 am to 5:00 pm Monday through Friday.

We offer free proctoring for exams Monday through Friday 8:00 am to 5:00 pm Call the Outreach office at 877-6958

Upcoming Events

 ACT Prep at the high school on March 28



Patrick's Day

March BOCES Blocks

Retirement Decisions and Financial Principles

Instructor: Kevin Currutt, Financial Services Assistant for Tamey Peternal with Farm Bureau Financial Services in Kemmerer.

Location: In the BOCES Media Room Cost: FREE



Date/Time: March 15 from 6:00 pm to 8:30 pm

Are you ready to retire but not sure if you've saved enough? Looking to take control of your finances but not sure where to begin? Join us for an interactive class addressing common concerns regarding retirement preparation and readiness as well as personal financial principles that apply to your daily life.

Concealed Weapons

Instructor: John Stetzenbach

Date/Time: March 23 at 6:00 pm

Date/Time: March 29 from 10:00 am to noon



Cost: \$15

This handgun safety class is designed to satisfy the requirements mandated by the state for issuance of a concealed weapons permit. Upon completion of this course you will receive a certificate that will fulfill one of the requirements to get your concealed weapons permit.

Facebook Marketing

Instructor: Dayna Bluemel

Location: BOCES computer lab

Location: BOCES Media Room

Cost: \$10

A guide for beginners or those that just need a little help in learning how to build and promote and run a successful Facebook page.

Many of the topics that may be covered include: creating your Facebook business page, uploading photos, knowing your audience (when and how often to post), how to engage your audience in your posts, creating ads, live videos, using photos and articles, utilizing

groups, dealing with admins, working with other pages, commenting, paying for and creating ads, creating events, pinned posts, and using pictures and articles to engage better with the public.

TLC FITNESS IS STILL GOING STRONG!!!

Instructor: Teresa Chaulk – ACE Certified Personal Trainer – Health and Fitness Enthusiast! **Cost**: \$5 per class

Exercise class: Mondays, Tuesdays, and Wednesdays from 6:00 to 7:00 pm

Location: Kemmerer High School.

Each class will consist of a warm up – then we will move into a variety of exercises including but not limited to: push-ups, plyometrics, interval training, squats, lunges, burpees, core training, and the use of light dumb bells (bring your own). We will also work with partners and have some fun competitions. REMEMBER this is a beginning class - if it is your first time at fitness in years you can Start Here!! We will always end with cool down and stretching!!

Breakthrough to Weight Loss: Tuesdays: Weigh-in at 5:30 pm and Class 6:00 pm **Location**: Oyster Ridge BOCES– UW Room



Love yourself enough to work out today!!!



CONTINUED ...

March BOCES Blocks

(Building a foundation through community education & skill sets)

ED2GO non-credit classes.

Update your skills, discover a new talent, or chart a new career path at your own pace and at your convenience!

Our instructor-facilitated online courses are informative, fun, convenient, and highly interactive. All courses run for six weeks (with a two-week grace period at the end). Courses are project oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more

How to Get Started:

1. Visit our Online Instruction Center at: www.ed2go.com/kemmoutreach

2. Click the Orientation link and follow the instructions to enroll and pay for your course. You will also be provided an opportunity to choose the name and password you will use to access your online course. This step is critical! You cannot access your course until you complete orientation.

3. When your course starts, return to our Online Instruction Center and click the Classroom link. To

begin your studies, simply log in with the name and password you provided during orientation.

Featured ED2GO Classes: Designing Effective Websites

These days, creating a website is so easy almost anyone can do it. But with all the competition on the Web, creating a site that's effective is more challenging than ever. To do that, you need to employ good design principles. Regardless of your current skills or level of knowledge, in this course you'll master the basics of Web design and learn how to build sites that are better and more effective. Get ready to take your Web design skills to the next level!

We'll examine the tension between form and function, explore the six major states of the website development process, and learn the basics of user-centered design. We'll also cover the five basic steps to organizing information, find out how site design themes can be used for information delivery, and review Web page design considerations. Along the way, we'll talk about effective type and graphics and explore the idea of Web 2.0.

This course is a must for Web designers, giving the tips and tools that will help them establish a solid career.

Get Funny!

The ability to create humor is a skill many people don't have, yet wish they did. If you're interested in learning how to come up with jokes or witticisms on the fly, punch up dull material for an audience, or make a living as a comedy writer, this course will get you going.

Your instructor, an experienced comedy writer and working actress, will guide you through a wide range of comedic sources. You'll learn how to write a one-liner, use physical humor, target your audience, find the humor in everyday events and much, much more.

Once you've learned some of the methods of creating humor, you'll be ready to apply it to all aspects of your life. Punch up speeches and presentations so that the audience is instantly on your side. Mix laughter with learning in the classroom, and watch your students' attention spans grow. Add some humor to your web page and watch the hits explode as word gets out. Use your newfound sense of humor to entertain your friends, meet interesting people, and even make new friends!

For the aspiring comedy writer, there are invaluable techniques for finding the methods that work consistently and without the worries of whims, moods or blocks. There is even a section on marketing your humor, giving you the inside information you'll need to find your niche.

Learning should be fun, and this course is no exception. Filled with opportunities to laugh as you learn, "Get Funny" promises an entertaining and informative six weeks.

Earn your High School Equivalency Certificate

Classes are Tuesdays and Thursdays from 1:00 pm to 3:00 pm and 6:30 pm to 8:30 pm

Receive help in math, language, reading, and more.

Call Noël at 307-248-3258 for more information.

Classes are at the BOCES Building (20 Adaville Drive, Diamondville).

ESL CLASSES/Clases de Ingles

WHEN: Starts January 10/Empiesan el 10 de Enero

Every Tuesday and Thursday/Cada Martés y Juéves desde

 $1{:}00\ pm$ to $3{:}00\ pm$ and $6{:}30\ pm$ to $8{:}30\ pm$

WHERE: BOCES Building in Diamondville/En la oficina de BOCES en Diamondville

Questions/Para preguntas marcar: Noël at 307-248-3258



Advising Day is April 5. Registration for Fall 2017 begins April 6 for WWCC.

WWCC:

To apply to Western Wyoming Community College just log on to www.westernwyoming.edu/ Then click on Admissions then Apply To WWCC, it takes just a few minutes to apply. Registration for the Summer 2017 classes are open. Come in and visit with our advisor Jennifer, to discuss your future education goals. To ensure class availability please make an appointment ahead of time to discuss and register for your classes. It is never too late to get started on a new career or just take a few classes for fun.

JUST A REMINDER...

- * March 1, 2017 is the deadline to apply for graduation.
- Registration for the Nursing Program is open until March 31, 2017 at 5:00 pm.
- May 19, 2017 is Graduation for WWCC students.
- * Summer classes begin June 5, 2017.
- Fall classes begin August 23, 2017.
- Registration is currently underway for the Summer 2017 semester. Call the Outreach today and make an appointment or just stop in.



Call the BOCES at 877-6958